CALTAF welcomes you to Foothills Track for the 2024 Cheetah Invitational

# U10, U12 \& U14 Athletes <br> Foothills Track ~ 2431 Crowchild Trail N.W. 

Wednesday, May 22, 2024

6:00-8:30 p.m.

Sanctioned by Athletics Alberta

> U14 - Born 2011 \& 2012
> U12 - Born 2013 \& 2014
> U10 - Born 2015 \& 2016

| Meet Director: | Samantha Read sam.trackandfieldcoach@gmail.com |
| :--- | :--- |
| Assistant Meet Director: | Paula McKenzie paula@caltaf.com |
| Meet Information: | $\underline{\text { https://www.caltaf.com/ }}$ |
| Entry Fee: | $\mathbf{\$ 2 5}$ |
| Entry Deadline: | Saturday, May 18th at 9:00 p.m. |
| Late Entry: | Sunday, May 19th at 4:00 p.m. |

## Registration:

https://www.trackie.com/event/cheetah-invitational-u10-u12-u14/1006485/

Late entries will be accepted at the Meet Director's discretion with an additional fee of \$10.

## GENERAL INFORMATION

TRACK EVENT Marshalling takes place at the start line of each race. Athletes must report to the start line 10 min before the event begins

FIELD EVENT Marshalling takes place at the event, 15 min prior to the start of the event
Competitions numbers must be worn on the front for all events
Hip numbers must be worn on the right hip and shirts must be tucked in

All Track races are timed finals
No starting blocks will be used

Throwing implements will be provided
Spikes must not be longer than 7 mm in length and only pyramid type spikes are permitted.
Scratches during the competition are to be submitted at the Finish Line Shed

NO Spectators on the track surface. The infield is open to competitors, coaches, and officials ONLY. Spectators must stay in the bleachers and outside of the black fence.

Results will be posted: https://calgarytrackcouncil.com/outdoormeets.php

| DIVISION | WEDNESDAY, May 22, 2022 |
| :---: | :---: |
| U10 | 60 m, Long Jump, Shot Put |
| U12 | 80m, Shot Put, Long Jump |
| U14 | 100 m, Discus, Long Jump |

## **All Categories: 4x100m Relay

## SPECIFICATIONS

| U10 | U12 | U14 | EVENT |
| :---: | :---: | :---: | :---: |
| 2 kg | 2 kg | -- | Shot Put |
| -- | -- | 750 g | Discus |

## MODIFICATIONS

Long Jump - U10, U12 - No Board, 1m Takeoff area. Distance will be measured from takeoff.
Throws and Long Jump - Athletes will receive 3 attempts

